

## Saxtead Neighbourhood Watch

November 9th 2018



### **Saxtead**

Overnight Wednesday to Thursday there was a quantity (100 litres) of vegetable oil stolen from The Old Mill House, including 40 litres of new oil taken from a shed. Residents are reminded to keep all outbuildings securely locked as thieves are known to be operating in this area.

## Computer Security and Scams

🐦 📺 🌐 @cyberprotectuk

# Don't make life easy for criminals!

**Always install the latest software & app updates.**

Cyber-criminals use weaknesses in software and apps to attack your devices and steal your identity. Software updates are designed to fix these weaknesses and installing them as soon as possible will keep your devices & data secure.



Software updates don't have to get in the way of what you're doing. You can choose to install them at night, when your device is plugged in and connected to wi-fi. You can also configure most devices to automatically install software and app updates.

For more information on how to stay secure online, visit [www.cyberaware.gov.uk](http://www.cyberaware.gov.uk)



## Extortion scam

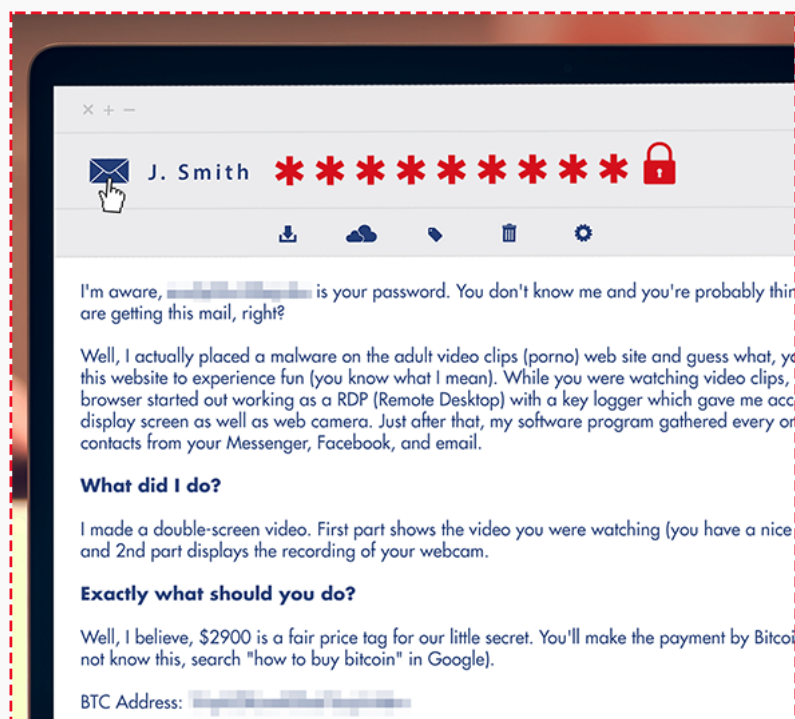
# Cyber criminals send victims their own passwords in extortion scam

Cyber criminals are attempting to blackmail unsuspecting victims by claiming to have used their password to install spying malware on their computer. The criminals claim they've recorded videos of the victim watching adult material by activating their webcam when they visit these websites. What makes this scam so convincing is that the email usually includes a genuine password the victim has used for one of their online accounts. We believe criminals obtain the passwords from data breaches.

### What to do if you get one of these emails?

Don't reply to the email, or be pressured into paying. The police advise that you do not pay criminals. Try flagging the email as spam/junk if you receive it multiple times. Perform password resets as soon as possible on any accounts where you've used the password mentioned in the email. Always use a strong, separate password for important accounts, such as your email. Where available, enable two-factor authentication (2FA). Always install the latest software and app updates. Install, or enable, anti-virus software on your laptops and computers and keep it updated.

If you receive one of these emails, report it to Action Fraud's phishing reporting tool. If you have received one of these emails and paid the ransom, report it to your local police force.



Members of the public are being urged to increase their vigilance around home and vehicle security this autumn.

This reminder comes following a number of break-ins reported in the west and south of the county over the last month.

Dark evenings can provide the perfect cover for burglars but by carrying out a few simple crime prevention steps, householders and motorists can thwart opportunist criminals.

The force recently launched a new crime prevention initiative, known as 1st Principle, which highlights that simple, inexpensive measures can easily be undertaken by anyone in the community. As part of the initiative, an online suite of bespoke, easy to follow crime prevention documents are available to view and download on the constabulary's website for free. Visit: <https://www.suffolk.police.uk/advice/crime-prevention-z>

Anyone with information about thieves operating in their area should contact Suffolk police on 101 or Crimestoppers, anonymously, on [0800 555 111](tel:0800555111).

#### LOCK

- Lock all doors and remove the keys before leaving the house.
- Keep front doors locked even when you are at home and especially if you are in the back garden.
- Close all windows fully before you leave the house, lock downstairs windows and remove the keys.
- Use window limiters to allow air in instead of keeping windows fully open, even when you're at home.
- Install window locks on upstairs windows that can be easily accessed by a flat roof.
- Lock back gates using a sturdy lock such as a closed shackle padlock to no less than CEN 3-4 security grade or 5 lever lock.

#### LIGHT

- Make your home look lived in – use timer switches if you're not home.
- 'Dusk-to-dawn' sensored security lighting is a cheap, low cost way of making sure the front of your home or shed/outbuilding is well-lit.
- Visible burglar alarms can make burglars think twice; get specialist advice and consult your insurance company.
- You could also consider installing a doorbell camera in order to potentially film an opportunist burglar in action.
- Hedging and shrubs to the front of your property should be pruned to no higher than 1m and trim trees up from the ground to 2m. This will allow a clear line of sight across your property and will stop the garden being used as a hiding place.

#### HIDE

- Keep your valuables, jewellery, cash, passport and deeds to your property in a safe.
- Never leave spare keys in an open place. Be aware, burglars **know all the usual hiding** places so never leave a spare key under the doormat or under a garden gnome.
- Keep dustbins and wheelie-bins away from fencing/gates as these can be used by thieves to climb into windows or used to escape.
- Make sure valuables are property marked. Take photographs and keep a note of any serial numbers.
- Don't leave equipment and tools lying around that can be used by burglars to break into your home, such as hammers, shovels or gardening tools. Keep ladders locked away and out of sight.

Help us keep our communities safe.

Police advice on a variety of subjects can be accessed via <https://www.suffolk.police.uk/advice>

To report something, or to otherwise contact Police, use the link <http://www.suffolk.police.uk/contact-us>

To report something anonymously call Crimestoppers on [0800 555 111](tel:0800555111) or visit [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

Alternatively call [101](tel:101) for non-urgent matters.

**Always call 999 in emergencies, or if an immediate police response is required.**

Police Connect Team